

Sausage Breakfast

Ingredients

16 ounces ground pork

1 teaspoon salt

½ teaspoon dried parsley

¼ teaspoon rubbed dried sage

¼ teaspoon ground black pepper

¼ teaspoon dried thyme

¼ teaspoon crushed red pepper

¼ teaspoon ground coriander

¼ teaspoon Accent (optional as it is MSG)