

# Pickled Vegetables Japanese

- 1 English cucumber, sliced into rounds
- 2 - 3 large carrots, peeled & julienned
- 1 cup (75 g) loosely packed napa cabbage, thinly sliced
- 1 tbsp (12 g) kosher salt
- 1 1/2 cups (350 mL) unseasoned rice vinegar
- 6 tbsp (60 g) Granulated Sugar
- 1/4 - 1/2 tsp (1 - 2 g) wasabi paste (optional)
- 2 tsp (10 g) sesame seeds, toasted

V 2.0

## Pickling juice

- 200 ml unseasoned rice vinegar
- 200 ml water
- 5cm x 5cm (2" x 2") kombu
- 1 tablespoon salt
- 2 tablespoon sugar